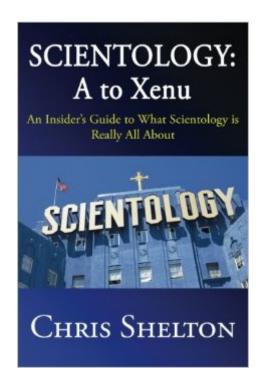
# The book was found

# Scientology: A To Xenu: An Insider's Guide To What Scientology Is All About





## Synopsis

What is Scientology really? Behind the glossy logos and sleek advertisements and South Park parodies, what do Scientologists really believe and practice? Is it really a religion? Who was L. Ron Hubbard and why did he start it in the first place? Is their "technology" for real or just so much New Age pseudoscience? Former insider Chris Shelton grew up in Scientology and worked for it for 25 years. This critical analysis covers the key aspects of its beliefs, practices and structure from the bottom to the top, including not just the confidential Xenu story but details all of the upper level scriptures. Chris goes into detail about what goes on inside Scientology churches, why their members get involved in the first place and what it takes to get out should someone decide to leave. An informative guide for anyone who has been involved with Scientology in the past as well as anyone who wants to understand what it's really all about.

### **Book Information**

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#### Customer Reviews

This book is not a Scientology celebrity â ^tell-allâ ™. Nor is it a former cult memberâ ™s story of surviving bizarre practices/abuses, and eventually making a narrow escape. This book, as the title implies, attempts to clearly outline the central workings and principals of a complex and evolving group. Chris had 25 years of firsthand experience working within Scientology to draw upon. Since leaving, he has done an admirable job of â ^housecleaningâ ™ the cultâ ™s extensive mental influences on his thinking, and thus is able to provide many well considered answers to what Scientology is really all about. What motivated L. Ron Hubbard in starting Scientology? What are the actual (secret) Scientology fundamental doctrines? Did Hubbard believe in what he wrote, or was it just a scam? Why do people join Scientology? Is there anything good and beneficial? Is it

really all just about money? Why do people stay in? What motivates the current leader of Scientology now that L. Ron Hubbard is dead? How long will Scientology last?Any religion or cult is messy and multifaceted, and Scientology ranks among the most confounding. No book of just 362 pages will tell the whole story, but Chris manages to build a comprehensible model of how this man Hubbard struggled to overcome his ample human foibles. The â ^Affirmations of L. Ron Hubbardâ ™ in appendix 2 is a must read, as Hubbard penned his most inner anxieties, and the positive suggestions with which he hoped to purge anxieties. Evidently this method was unsuccessful, as were the later techniques of Dianetics and the endless trail of new procedures under the banner of Scientology. Hubbard died with his anxieties intact, convinced they stemmed from the â ^body thetansâ ™ that cluster upon all earthlings.

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